



# 3 CITIES. 1 DESTINATION.

Minneapolis | Saint Paul | Bloomington

## 2009 CULTURE OF CUISINE FAMILIARIZATION TOUR

### Thursday September 24, 2009

12:00 pm Planners arrive and check into either Hotel Sofitel or Hilton Airport  
Airport Shuttle provided by: Event Lab  
**Optional lunch provided by host hotels upon arrival**

1:15 – 1:45 pm Tour of Host Hotels- Hotel Sofitel or Hilton Airport

2:00 – 6:00 pm Minneapolis, Saint Paul, Bloomington Highlights Motorcoach Tour

From cosmopolitan downtowns to sparkling lakes, the Highlights tour shows you the sights and sounds of Minneapolis, Saint Paul and Bloomington. Travel past the Tyrone Guthrie Theatre and the Minneapolis Sculpture Garden; through the Kenwood residential area to see the television home of Mary Tyler Moore; past the Mall of America; stop at the legendary Minnehaha Falls and follow the Mississippi River past Fort Snelling into Saint Paul. From there you'll drive down stately Summit Avenue to see the magnificent Cathedral of Saint Paul, the State Capitol, the home and haunts of F. Scott Fitzgerald, the Governor's Mansion and the revitalized downtown area of Saint Paul including: Rice Park, Ordway Music Hall and the Landmark Center.

6:15 – 7:45 pm Reception & Tradeshow- MOA Ballroom

8 :00 – 9:00 pm MOA Scavenger Hunt

9:00 pm: Nightcap at MOA

10:00 pm: Return to host hotels: Hotel Sofitel or Hilton Airport

### Friday September 25, 2009

8 am - 9:15 am Breakfast - Saint Paul Saints Stadium

9:30 -10:30 am RiverCentre Tour

10:35-11:00 am Crowne Plaza St. Paul Hotel Tour

11:05 -11:30 am The Saint Paul Hotel Tour

11:45 - 1:25 pm Padelford Cruise Lunch & Exhibit

1:40 am Depart for Minneapolis

2:00 pm Skyway Culinary tour

2:20pm Check into Host Hotels: Radisson Plaza & Marriott City Center

2:50 pm Minneapolis Marriott City Center Tour

3:40 pm Hilton Minneapolis Tour

4:30 pm Minneapolis Convention Center  
Instructional Cooking Lesson, Tour & Reception

6:30 pm Hyatt Regency Minneapolis Tour & Reception

7:30 – 10:00 pm Minneapolis Progressive Dinner & Drinks

10:00 pm Option #1: Return to host hotels: Radisson Plaza or Marriott City Center  
Option #2: Nightcap

**3 CITIES1DESTINATION.COM**

QUESTIONS: AMANDA PASEK E: APASEK@VISITSTPAUL.COM



# 3 CITIES. 1 DESTINATION.

Minneapolis | Saint Paul | Bloomington

## 2009 CULTURE OF CUISINE FAMILIARIZATION TOUR

### Saturday, September 26, 2009

8:15 am Tour of Radisson Plaza

9:00 am Breakfast in Minneapolis

Scheduled airport departures at 10 am, 11 am and Noon.  
Airport Shuttle provided by: Event Lab

### Extended Stay Options:

Here is a sampling of the activities available if you choose to extend your stay in the Minneapolis, St. Paul and Bloomington area:

#### *Family*

##### **Como Park, Zoo & Conservatory**

[www.comozooconservatory.org/](http://www.comozooconservatory.org/)

Plenty of exotic creatures. The Marjorie McNeely Conservatory features Tropical Encounters, an authentic neo-tropical rainforest with plants and animals.

##### **Great Clips IMAX Theater**

[www.imax.com/minnesota/](http://www.imax.com/minnesota/)

The Great Clips IMAX Theatre is conveniently located at the Minnesota Zoo. Treat your senses to the most powerful and involving movie experience yet created.

##### **Mall of America**

[www.mallofamerica.com](http://www.mallofamerica.com)

Shop till You Drop- Mall of America, Minnesota's #1 attraction, Shop at more than 520 specialty stores which join four department stores; Bloomingdale's, Macy's, Nordstrom and Sears create a world class shopping experience. Remember that there's no tax on clothing or shoes!

##### **MN Renaissance Festival**

[www.renaissancefest.com](http://www.renaissancefest.com)

Travel back in time to a 16th century village, filled with entertainment, food and gifts, covering 22 acres.

##### **MN Zoo**

<http://www.mnzoo.com/>

The Zoo is home to more than 2,400 animals and 388 species from around the world. Animals include Amur tigers, Chinese takin, wolverines, Grizzly bears, Atlantic bottlenose dolphins, sharks & fish, Mexican wolves, sun bears, gibbons, a variety of birds, domestic farm animals, and many other rare and endangered species.

##### **Historic Sites**

American Swedish Institute

[www.americanswedishinst.org](http://www.americanswedishinst.org)

Step into the heart of Swedish America. The American Swedish Institute is a historic house, museum and cultural center located near downtown Minneapolis. Swedish immigrant newspaperman Swan J. Turnblad founded the Institute in 1929.

##### **Historic Fort Snelling**

[www.mnhs.org/fortsnelling](http://www.mnhs.org/fortsnelling)

Experience a U.S. military outpost on the bluffs of the Minnesota and Mississippi Rivers. Shoulder a musket, march with soldiers, tour the barracks, sutler's store and the commandant's house.

##### **MN History Center**

[www.mnhs.org/historycenter](http://www.mnhs.org/historycenter)

The best of Minnesota comes to life with fun, hands-on exhibits of people, places, events and things that sparked significant change in Minnesota and around the world. Now open: Minnesota's Greatest Generation exhibit.

##### **Minnesota State Capitol**

<http://www.mnhs.org/places/sites/msc/>

##### **St. Paul Cathedral**

[www.cathedralsaintpaul.org/](http://www.cathedralsaintpaul.org/)

**3 CITIES1DESTINATION.COM**

QUESTIONS: AMANDA PASEK E: APASEK@VISITSTPAUL.COM



# 3 CITIES. 1 DESTINATION.

Minneapolis | Saint Paul | Bloomington

## 2009 CULTURE OF CUISINE FAMILIARIZATION TOUR

### *Parks/Recreation*

#### **MN Landscape Arboretum**

[www.arboretum.umn.edu](http://www.arboretum.umn.edu)

Spend a day at the Minnesota Landscape Arboretum by experiencing beauty indoors and out. Begin by exploring the Arboretum's new Visitors Center and get educated, entertained and inspired. Be sure to make a stop at the historic Leon C. Snyder Building, which resembles an English country estate. Visit the Meyer-Deats Conservatory Gift Shop, Tea Room and the internationally renowned Andersen Horticulture Library. The Arboretum offers seasonal Guided Walking Tours or the Trumpet Creeper Tram tours. Step-on-guides for motorcoach tours are available for the scenic three-mile drive.

#### **MN Valley Nat'l Wildlife Refuge**

[www.fws.gov/midwest/MinnesotaValley](http://www.fws.gov/midwest/MinnesotaValley)

Experience Nature-Take a relaxing walk through the Minnesota Valley National Wildlife Refuge (it is located just minutes from the Mall of America.) Sight over 260 bird species with a tour guide in the 2,200 acre refuge, 121 birds are known to nest here, including eagles. This is a great place to see and learn about the history of the Minnesota and Mississippi Rivers, plus the area wildlife and migrating water fowl.

#### **Wabasha Street Caves**

[www.wabashastreetcaves.com](http://www.wabashastreetcaves.com)

### *Theater/Museums/Cultural*

#### **Chanhassen Dinner Theatre**

[www.chanhassentheatres.com](http://www.chanhassentheatres.com)

Chanhassen is the nation's largest professional dinner theater with four dinner theaters under one roof, presenting lavish Broadway musicals and comedies. Critics from across the U.S. have hailed Chanhassen as "one of the best dinner theatres in the country!" Any visit to the Twin Cities should include an evening at Chanhassen!

#### **James J. Hill House**

[www.mnhs.org/hillhouse](http://www.mnhs.org/hillhouse)

Tour this magnificent Gilded Age 36,000 sq. ft. stone mansion. Discover the fine craftsmanship and "modern innovations" such as central heating, indoor plumbing and electric security. James J. Hill built the Great Northern Railway. Learn about the public and private lives of the family and servants. Enjoy Summit Avenue neighborhood.

#### **Museum of Russian Art**

<http://www.museumofrussianart.com/>

The Museum of Russian Art was established in Minnesota in April 2002 and opened to the public that following September. The mission of the Museum is to conduct a continuous program of public exhibitions of Russian art while supporting and publishing academic research on Russian painting during the Soviet era.

#### **The Minneapolis Institute of Arts**

<http://www.artsmia.org/>

The MIA's permanent collection has grown from eight hundred works of art to around one hundred thousand objects. The collection includes world-famous works that embody the highest levels of artistic achievement, spanning five thousand years and representing the world's diverse cultures across all continents. The MIA is Minnesota's largest art educator. More than half-a-million people visit the museum each year.

#### **Walker Art Center & Minneapolis Sculpture Garden**

[www.walkerart.org](http://www.walkerart.org)

The Walker Art Center showcases the best of contemporary arts, including: innovative exhibitions, music, dance, and theater performances. Two Wolfgang Puck restaurants with stunning downtown views add to the artistic experience.

The Minneapolis Sculpture Garden is one of the most celebrated urban sculpture parks in the country, featuring more than 40 masterpieces of modern and contemporary art.

*provided for and sponsored by:*



**3 CITIES1DESTINATION.COM**

QUESTIONS: AMANDA PASEK E: APASEK@VISITSTPAUL.COM